



Family Health Services of Central Ohio

Annual Report 2022



Stigma-Free Health Care for All

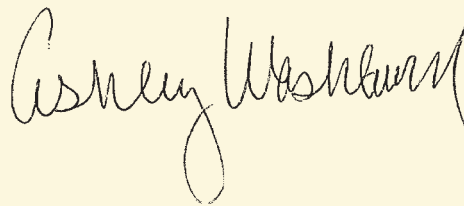
A Message From Our Executive Director



“The power of community to create health is far greater than any physician, clinic or hospital.”

– Mark Hyman

Family Health Services of East Central Ohio has grown into a community asset that is now known for providing stigma-free healthcare to all. In 2022, we continued to create new partnerships in all four counties we serve. As each area grows, we are adapting by expanding the services we provide and how we provide them. FHS has continued to partner with agencies that are looking to serve our most vulnerable populations without hesitation. We are thankful to our clients that continue to come to us and are happy to see so many new people learning about our services. Being a part of a community of care has allowed us to help so many along the way. I am very passionate about the work we are doing because I see how we can empower people to take charge of their healthcare without the barriers they may have encountered in the past.



STAFF

Ashley Washburn, Executive Director
Ronda Parker, Administrative Assistant
Regina Akers, Accountant
Kristy O'Brien, MA, Clinic Manager
Diana Pride, LPN, Clinic Manager
Robin Butler, Victim's Advocate
& Health Educator
Lisa Holcombe, LSW, Victim Advocate

Kim Mockus,
Communication Specialist
Justina Lawson, MA
Kaylyn Mayberry, MA
Alician Straits, MA
Autumn Stimmel, LPN
Elaine Ramey, APRN
Amanda McClelland, APRN

BOARD OF DIRECTORS

Sandy Manley, President
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Aleesa Womer, Secretary
Maxine Becker
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Julie McHenry
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Note: There is no affiliation between board members, agency, and staff

Our Services

We offer a wide range of services focused on promoting a healthy lifestyle for individuals through reproductive life planning. Below are some of our principal services:

- Breast exams and mammogram referrals
- Colposcopy Services
- Community Sexual Health Education
- Contraceptive Supplies
- Emergency Contraception
- Male Sexual Health Education and Screening
- Pre-Exposure Prescription Drugs for HIV Prevention
- Pregnancy Testing
- Reproductive Health and Wellness
- STI Testing and Treatment
- Victim Services

Serving these
counties:

LICKING
FAIRFIELD
MUSKINGUM
PERRY

Our Mission is to improve the health and well-being of individuals by promoting healthy lifestyles through reproductive life planning. We offer services to everyone and no one is denied services due to an inability to pay.

COMMUNITY PARTNERSHIPS

We partner with many community agencies to provide the most comprehensive non-profit reproductive health, STI testing and treatment, victims advocacy, and sexual health education programs in all four of the counties we serve: Licking, Fairfield, Muskingum, and Perry.



What Our Clients Say...



“I chose them because of their attention to care.”

“I am a 17-year old and going to be senior at Newark High School. I volunteered at Family Health Services as a way to get hours in for National Honor Society. I chose them because of their attention to care. They are wonderful to anyone who comes through the door – with no questions asked. FHS is a great environment with lots of resources to help everyone with their specific needs. It’s such a wonderful experience to give back to those who help you and also to have such great women to look up to.”

—BRYN, HIGH SCHOOL VOLUNTEER

“...wonderful, client-based, affordable healthcare when we needed it!”

“In March of 2022 my teen daughter and I visited FHS when she was having urinary tract problems. I love having a local resource that will see my family the same day (most of the time) such as an urgent care would -- but without the urgent care co-pay my insurance requires. My daughter is very comfortable with the FHS staff and I am happy my teen daughter is familiar with a women’s healthcare provider she can access. We left with treatment for her UTI and the staff at FHS sent her urine sample to a new lab provider doing PCR testing. A couple of days later, the Nurse Practitioner at FHS received the results - on a Saturday - and found that the medication given to my daughter was ineffective for the infection she had. The Nurse Practitioner called us and completed a Telehealth appointment to change the medication right away.

This new PCR testing and Telehealth appointment provided wonderful, client-based, affordable healthcare when we needed it! This infection could have led to hospitalization, but due to the quick response of FHS, it was very mild. My family is blessed to have health insurance, but as a mother of four, I know how quickly co-pays and hospital visits add up. I am thankful to have such great affordability in FHS and I know as a healthcare worker myself that FHS is providing great care and is the best option for someone without health insurance!”

— TARA, PARENT OF FOUR CHILDREN

Community Education

One of the most important services we offer is education and outreach services into the community. FHS provides schools, professionals, and the community with educational presentations, workshops, and consultation. In addition, we set up information booths at many community events, and are offering pop-up STI testing and treatments with several community partners. Presentation topics may include:

- Contraceptive methods
- STI's
- HIV/AIDS
- Rape Awareness and Prevention
- Male Responsibilities
- Teen Pregnancy & Prevention sites
- Decision Making
- Human Growth & Development
- Puberty Awareness
- A Parent's Guide to Sexuality Education and Assertiveness



A Focus on Two of Our Most Critical Services



Our team of highly skilled and experienced care professionals has our patient's best interest and well-being at heart.

Victim Services

From January 1, 2022 through December 31, 2022 we served 174 victims or family/friends of victims. More than half of those were served through our relationship with Heroes Landing, providing all of the victim advocacy for families of children who have been victims of physical or sexual abuse.

Services for all victims include a 24 hour hotline, crisis intervention, information/referral assistance, victim advocacy and assistance with applying for victim-related programs such as the Safe at Home address confidentiality program, VINE and Victims of Crime Compensation.

The list of victimizations for which we provided services include:

- ADULT SEXUAL ASSAULT
- ADULTS SEXUALLY ABUSED/
MOLESTED AS CHILDREN
- CHILD PHYSICAL ABUSE
- CHILD SEXUAL ABUSE
- DOMESTIC VIOLENCE
- STALKING/HARASSMENT
- BULLYING
- HUMAN TRAFFICKING (SEX)

*We served
174 victims or
family / friends of
victims in 2022*

Virtual Rape Crisis Center: victimservicesofeastcentralohio.com
Facebook page: [Victim Services of East Central Ohio](#)



HIV Prevention Medication

FHS offers PrEP and PEP for HIV prevention. PrEP is a pre-exposure prophylaxis medicine that can help reduce the risk of getting HIV-1 through sex when taken every day and used together with safer sex practices. PEP is a post-exposure prophylaxis that is a short course of HIV medicines taken very soon after a possible exposure to HIV to prevent the spread of the virus. FHS can prescribe these medications and will work with anyone to access programs to help fund the purchase of these medications. We are one of the few providers in all four of the counties we serve to offer this service and are ready to help everyone access HIV prevention medication if it's right for them.

We Served Over 4,100 Individuals in 2022

Many of our clients seek our health-care services because we offer care regardless of ability to pay. As such, we provide valuable healthcare services to a wide group of people who otherwise might have to forego healthcare.

At right is a table illustrating the age groups we help, the number of services provided, and the level of poverty in each age group. Very few of our clients have the capability of paying a full service fee.

POVERTY LEVEL	# VISITS/SERVICES	<15 YRS	15-17 YRS	18-19 YRS	20-24 YRS	25-29 YRS	30-34 YRS	35-39 YRS	40-44 YRS	45+ YRS
100% or less	2,469	83	446	314	449	313	268	202	204	190
101-125%	268	0	6	23	74	37	43	36	27	22
126-150%	277	0	4	24	45	27	42	43	52	40
151-175%	241	0	8	17	62	33	38	41	20	22
176-200%	237	0	5	15	66	55	17	33	31	15
201-250%	222	0	0	7	53	42	41	38	6	35
251% or more	404	0	4	17	77	110	64	44	39	49
TOTALS	4,118	83	473	417	826	617	513	437	379	373

This table at lower right breaks down the purpose of each visit by age group.

AGE GROUP	VISIT/SVCS TOTALS	INITIAL/ANNUAL APPTS	BIRTH CONTROL	STI/INFECTION	EDUCATION	PREGNANCY TEST
<15	39	27	8	3	0	1
15-17	192	94	55	36	0	7
18-19	209	103	46	48	0	12
20-24	429	192	64	136	3	34
25-29	337	175	40	105	2	15
30-34	290	156	30	98	2	4
35-39	229	123	27	77	0	2
40-44	177	91	33	51	1	1
45+	228	135	24	68	0	1
TOTAL	2,130	1,096	327	622	8	77

Note: the table above shows unduplicated totals.



Revenue and Expenses

REVENUE

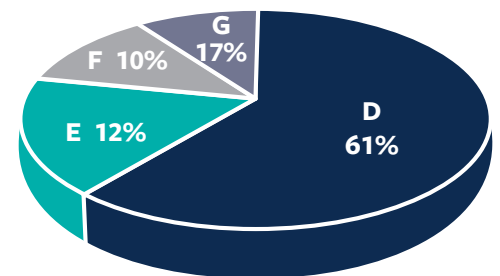
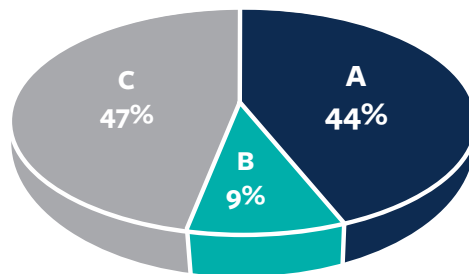
- A Title X, VOCA, Rape Crisis Funding, STI ODH Grant
- B Miscellaneous grants, LCHD BCCP funding, and fundraising
- C Medicaid, private insurance, and client payments

EXPENSES

- D Personnel and Employee Benefits
- E Administrative
- F Rent and Utilities
- G Clinical and Rape Crisis Programs

Revenue \$1,187,080.89

Expenses \$ 1,137,679.07



Assets \$426,362.49

FACTS ABOUT TITLE X SERVICES

FHS is partially funded through Title X grants from the Ohio Department of Health. Each client is screened for overall health and wellness, substance abuse disorder, domestic violence, and human trafficking. **Title X does not fund any clinics offering abortion services, referrals or education.**

Locations in Four Counties in Central Ohio



Licking County
100 McMillen Drive
Newark, OH 43055
740.344.9291



Fairfield County
12462 Lancaster Street
Millersport, OH 43046
740.654.6338



Muskingum County
727 Market Street
Zanesville OH 43701
740.453.2872



Perry County
450 South State Street
New Lexington, OH 43764
740.342.3517



Family Health Services of Central Ohio

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